

# THREE STEPS TO GETTING NEW CONTACT LENSES



- 1 Schedule two appointments** - one with an Optometrist and one with a Contact Lens Fitter. *Call to request both appointments for the same day when booking.*
- 2 Schedule a follow-up appointment** to finalize your contact lens prescription so you can purchase contacts.
- 3 Buy your lenses** on [kp2020.org](https://kp2020.org) or in one of our Optical Centers.



## What to Expect

### Optometrist

- Checks to see if your eyes are suited for contacts and your prescription is up to date.

### Contact Lens Fitter

- Recommends contact lenses that best fit your eyes.
- Confirms your lenses are comfortable and fit correctly.
- Trains you on how to wear your new contact lenses.
- Recommends cleaning solutions and proper care for your contact lenses.
- May need to see you again and/or refer you back to your Optometrist. Your Optometrist or Contact Lens Fitter may need to re-examine your eyes with your contact lenses in for optimal comfort and vision.

By law, you need a separate contact lens prescription from your eyeglasses prescription to purchase contact lenses.

Also, we cannot release your contact lens prescription until an Optometrist confirms the lenses fit properly.

## Contact Lens Fitting Fees

You may apply your Optical benefit to the contact lens fitting fees listed below. The fitting fees are non-refundable.

- |                                                               |       |
|---------------------------------------------------------------|-------|
| • Single vision, soft lenses (spherical)                      | \$79  |
| • Toric (astigmatism), bifocal and rigid gas permeable lenses | \$119 |
| • Prescriptions needing specialized lenses                    | \$249 |

**Fitting fees are good for 120 days** from the initial fitting appointment. If your contact lens prescription is not finalized within 120 days, the fitting fee will be charged again.

**Depending on your prescription, trial lenses may not be available at your first appointment.** If trial lenses do not provide good comfort and vision, your Contact Lens Fitter will recommend a different lens.

There may be a charge for certain trial lenses. Until the Optometrist releases your final prescription, no charge will be made for an exchange of trial lenses if ordered through Kaiser Permanente within 120 days of the original fitting date. If the alternative type of contact lens is more expensive, the price difference will be charged to you. No refunds are given for the difference in price if a lower priced lens is used.

## Specialized Fitting

Certain medical conditions, such as keratoconus or irregular cornea, require specialized contact lenses. It may take several appointments and adjustments for the best comfort and vision. Specialized fittings may go beyond the initial 120-day fitting period. If so, the fitting fee will be charged again.

# Save \$7 a box on contact lenses & get 25% off glasses<sup>1</sup>

when you buy a two-year Savings Plan for Contact Lenses for \$25.

## *Pays for itself when you purchase 4 boxes*

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You also get

- 25% off non-prescription sunglasses.
- 10% off contact lens solutions purchased in our Optical Centers.
- 50% off polishing of rigid gas permeable lenses.

## kp2020.org – at your fingertips



**Check whether you have an optical benefit.**



**Order contact lenses and apply your benefit.** Order online 24/7 and shipping will be free.



**Check the status** of your contact lens & eyeglasses orders.



**View your** contact lens & eyeglasses prescriptions.



**Schedule** an eye exam.

<sup>1</sup>25% off glasses applies to complete pairs (frames with prescription lenses). Optical benefits and other discounts may not be used in conjunction with this plan.

Kaiser Permanente members typically have coverage for medically necessary eye examinations, and some members, including those members with the pediatric vision benefit under the Affordable Care Act plan, may be able to apply a supplemental benefit to their purchases. Otherwise, the services and products described here are provided on a fee-for-service basis, separate from and not covered under your health plan benefits, and you are financially responsible to pay for them. For specific information about your covered health plan benefits, please see your Evidence of Coverage. Photos of models shown, not actual patients.